

**Shri Swami Vivekanand Shikshan Sanstha, Kolhapur's**

**PADMABHUSHAN Dr. VASANTRAODADA PATIL  
MAHAVIDYALAYA, TASGAON**

**Tal.: Tasgaon, Dist.: Sangli.**

**NATIONAL SERVICE SCHEME**

## **Report on Practical and Lecture of Yoga**

<b>Title of Programme</b>	<b>Practical and Lecture of Yoga</b>
Organizing Department	National Service Scheme
Lecturer & Guidance	Mr. Walmik Khairnar (Yogaguru, Art of Living, Tasgaon)
Date	21 <sup>st</sup> June, 2018.
Venue	College Apex
No. of Participants	265, Male: 103, Female: 162

The Department of National Service Scheme organized a International Yoga Day Celebration on 21st June 2018.

Yoga in Daily Life is a system of practice consisting of eight levels of development in the areas of physical, mental, social and spiritual health. When the body is physically healthy, the mind is clear, focused and stress is under control. The main goals of "Yoga in Daily Life" are Physical Health, Mental Health, Social Health, Spiritual Health, Self-Realization or realization of the Divine within us. These goals are attained by Love and help for all living beings, Respect for life, protection of nature and the environment, A peaceful state of mind, Full vegetarian diet, Pure thoughts and positive lifestyle, Physical, mental and spiritual practices, Tolerance for all nations, cultures and religions. Yogic techniques are known to improve one's overall performance. Pranayama is an important, yet little known part of Yoga.



### Faculty Members engaged in Yoga Practical

Our department invited to Yogaguru Mr. Walmik Khairnar and Principal of the college and faculty members of other departments to be a benefit of yoga. All the faculty members take a benefit of yoga practical on this international yoga day.



### Welcome and Introduction of chief Guest

Principal Dr. R.R. Kumbhar welcome of Yogaguru Mr. Walmik Khairnar . Program Officer Dr. T. K. Badame gave introduction of chief guest and explained importance of yoga in daily life.



### Mr. Khairnar delivering lecture on yoga and participants

**NSS Program Officers**

**Dr.T.K.Badame**

**Mr. D.Y.Sakhare**

**Dr. P.B. Teli**



'Dissemination of Education through Knowledge, Science and Culture'-Shikshanmaharshi Dr. Bapuji Salunkhe

Shri Swami Vivekanand Shikshan Sanstha, Kolhapur's

PADMABHUSHAN Dr. VASANTRAODADA PATIL MAHAVIDYALAYA,

TASGAON Dist.: Sangli.

**NATIONAL SERVICE SCHEME (2018-19)**

Attendance report of

Yoga Day Celebration

Date:21/06/2018

Sr.No	Gender	Name of Volintier	Class	Signature
1	F	Salunkhe Snehal Bramha-	B.sc.III	Snehal
2	F	Gholkar Komal krushnarao	B.sc.III	Komal
3	M	Bhosale Akash Popat	Bsc.III	Bhosale
4	M	Yadav Swarnil Arun	Bsc.III	Yadav
5	M	Sadale Vishvajit Rajaram	B.sc.III	Sadale
6	F	More sanjivani Sampat	Bsc. II	More
7	F	Mujawar Anjoo Aslam	Bsc. II	Mujawar
8	F	Kale Kajal Kisan	Bsc-II	Kale
9	F	Dhisale Sneha Ramesh	B.A.III	S.R.Dhisale
10	F	Mahajan puera pravin	B.SC-II	Mahajan
11	F.	Jadhav swapnali subhash	B.sc.II	Jadhav
12	f	Bhosale Priyanka Pramod	B.A.III	P.P.Bhosale
13	M	Jadhav Krishna Subhash	B.sc.II	Jadhav
14	M	Kadam Rohit Ramesh	BSC.III	Kadam
15	F	shinde kalyani sanjay	B.sc.II	Shinde
16	F	Shinde kalyani A.	B.A. I	S.Kalyani
17	F.	shendage Rupali Balaso	B.Sc.II	Shendage
18	F	Sapna Sunil Dhole	Bsc-II	Sapna
19	F	shinde sbital Janardan	B.sc.III	Sshinde
20	f	chavan pramila pandurang	BSC-II	Chavan
21	F	Patil phaneshri bhayawati	B.A.III	Patil
22	F	More Riya Pardeep	Bsc II	More
23	F	Jadhav Anjali Anil	B.A.-III	Jadhav
24	M	Chavan vijay vitthal	B.sc-II	Chavan
25	M	mane prathamesh Prakesh	B.sc-II	Mane



26	M	Desai omkare Shankar	B.sc II	<del>Sankar</del>
27	m.	Shivankar Tejas Sanjay	B.sc. II	Tejas
28	F.	khandagale Tanuja .s.	Bsc. III	Tanujagale
29	F.	Katkar Poonam Anil	B.sc III	Poonam
30	M	Patil suyash. kishor	B.sc II	Suyash
31	F.	Patil Nehal V.	B.sc III	Nehal
32	F.	Mali Prajita A.	B.Sc. III	Prali
33	F	Jagtap Rutuja Kisan	B.com III	Rutuja
34	F	More Purnima Manohar	B.com III	Purnima
35	F	Mohiy Sneha Deepak	B.com III	Sneha
36	F.	mohiy Tejas D.Pat	B.com III	Tejas
37	F	Mohiy Pooja Balakrishna	B.com III	Pooja
38	F.	Patil Poonam Appasaheb	B.sc. III	Poonam
39	F	Dhambugade Anjali Sanjay	B.com III	Anjali
40	F	Kusankar Pranita Sanjay	B.com III	Prankar
41	F.	Deshmukh Amruta Baburao	B.sc. III	Amruta
42	F.	Tadav Neha Kisan	B.Sc III	Neha
43	F	Gulig Snehal Harmanth	B.sc III	Snehal
44	F	Mali Pranali Balaso	B.sc. II	Pranali
45	F	Mali Ashwini Ramchandra	B. sc. II	Ashwini
46	F	Patil Amruta Dinkar	B.sc. II	Amruta
47	F	Patil Samrudhi Shamrao	B.sc III	Samrudhi
48	M	Jambhade Pratik Jay singh	B.A III	Pratik
49	F	Patil Rutuja Vinayak	B.com III	Rutuja
50	F	Chavan Komal Bejrang	B.com III	Komal
51	F	Patil Ashwini Baban	B.com III	Ashwini
52	F	Magdum Pooja Narendra	B.com III	Pooja
53	F	Patil Komal Kashinath	B.com III	Komal
54	F	Mulani Tamanna Latif	B.com III	Tamanna
55	F	Patole Sakshi Parashram.	B.com III	Sakshi
56	f	Bansode Megha Rasaram	B.com II	Megha
57	f	Jagtap Harshada Dadasaheb	B.com III	Harshada
58	M	Mohite Swapnil Kishan	B.sc II	Swapnil



59	M	Sadalale Adinath C	BSC-III	AS
60	M	Gavali Adinath T.	B. SC. III	Javali A
61	M	Patil Niranjan R.	BSC III	Patil R
62	M	Patil Saurabh Babasaheb	BSC I	Patil
63	M	Patil Akash Sunil	BSC-I	Aspatil
64	M	Patil Sangram Chandrakant	BSC-II	Patil
65	F	Paedeshi Rutuja Nishikant	BA I	<del>Rutuja</del>
66	F	Shintre Gautami Shrikant	BSC-I	Gshintre
67	F	Patil Pratiksha Popat	BSC-I	Patil
68	F	Hivare Shivani Balaso	BSC-I	Shivani
69	F	Bhosale Ankita Dipak	B.S.C.I	ADP
70	F	Pawar Pratiksha Santosh	BSC-I	Pawar
71	F	Mane Sonali Sudhakare	BSC-I	Mane
72	F	Mali Jyoti Chandrakant	BSC-I	J. Mali
73	F	Mane Swapnali Prakash	BSC-I	Mane
74	F	Mane Pallavi Appaso	BSC-I	Mane
75	F	Mali Pratiksha Pravin	M.A.I	Mali
76	F	Pawar Pojya Ankush	M.A.I	Pawar
77	F	Chavan Kajal Babasaheb	M.A.I	Chavan
78	F	Kamble Rani Arvind	B.A. III	Kamble
79	F	Kukade Prizi Prashant	M.A.II	P.P. Kukade
80	F	Patil Dipali Sharada	B.Com. III	Patil
81	F	Bele Jayshree Balaso	B.Com. III	J.B. Bele
82	M	Patil Shubham Prakash	BSC-I	Patil
83	M	Hajare Abhishek Mahadev	BSC-I	Hajare
84	M	Shinde Gautam Vijay	BSC-I	Shinde
85	M	Mali Aniket Sakhararam	BSC-I	Mali
86	M	Yadav Varadraj Ashok	BSC-I	Yadav
87	M	Suryawanshi Saurabh Manik	BSC-I	Suryawanshi
88	F	Mane Sneha Shivaji	BSC-I	Mane
89	M	Palate Suresh J.	BSC-I	Palate
90	F	Patil Avantika Sambhaji	B.A.II	A.S. Patil



91	M	Yedage Sambhaji D. Shambhaji	B.Sc	<del>Yedage</del>
92	F	Shekharade Gurekha Kisan	M.Sc I	Shekharade
93	F	Lohar Revati Sham	M.Sc. I	Rel
94	F	shingate Priti Hananjanay	M.Sc I	shingate
95	M	Jogtap Kartik Rajendra	B.Sc I	Jogtap
96	IF	Lavate Sayali Dattatray	M.Sc-I	Lavate
97	M	Patil Jayshankar Hanaman	B.Sc-I	Patil
98	M	Mulik Gourabh Tanaji	B.Sc-I	Mulik
99	M	Shinde Rohan Ishwar	m.sc-II	Rshinde
100	M	Pawar vaibhav Padull	FY BSC	Pawar
101	M.	Kamble Rohit H.	M.Sc. II	Khit.
102	M	Kothawale Pratik S.	Fy BSC	Kothawale..
103	M	Patel Abhishek Padat	Fy BSC	Patel
104	M	Shinde Siddharth Rajendra	F.Y.B.Sc.	Rshinde
105	M	Jadhav Santet Sanjay	Fy BSC	Jadhav
106	M.	Desai Nikhil Santay	Fy BSC	Desai
107	M	Chavan Rohan Rajendra	F.Y.BSC	Chavan
108	M	Gejage Yogesh Balu	M.Sc II	Gejage
109	F	Mali Ashwini Chandrakant	B.Sc II	Mali
110	M	Chavan Akshay Subhash	F.Y.B.Sc	Chavan
111	M	Jadhav Vishal Jagannath	F.Y.B.Sc	Jadhav
112	F	Patil Anuradha Anand Rao	B.Sc II	Patil
113	F	Caikwad Purna Vijay	B.Sc. II	Caikwad
114	M	Jutar Shubham Gandurung	Fy B.Sc	Jutar
115	F	Chavan Sanika Shobaji	B.Sc II	Chavan
116	F	Patil Kajal Rajaram	B.Sc-II	Patil
117	F	Kulkarni Vaishnavi Suresh	B.Sc II	Kulkarni
118	M	Mali Nilesh Suresh	FY BSE	Mali



119	M	Patil Ratnadeep Pradeep.	B.sc.-II	Patil
120	M.	Tawale Omkar Ravindra	B.sc-II	Tawale
121	M.	Desai Nikhil Santay	B.Sc-II	Desai
122	F.	Mane Samuddhi Mohan	B.sc II	Mane
123	F.	Jadhav Bhagyashri Bhaskar	BSC II	Jadhav
124	F.	Bhosale Rishi Hirdhar	BSC-II	Bhosale
125	F	Patil Komal Shashikant	BSC-II	Patil
126	F	Patil Smruti Ashok	BSC-II	Patil
127	M	Gaikwad Rohan Dattatray	B.sc II	Gaikwad
128	F	chavan mayuri sampat	B.sc II	chavan
129	F	Patil Ujjwala Baburav	B.sc II	U.B.Patil
130	F	Patil Rutuja Tanaji	B.sc II	Patil
131	F	Pawar Pallavi Nanasahab.	B.sc-II	Pawar
132	F	Patil Supriya Sampat	B.sc-II	Patil
133	F	Jamadade Rutuja subhash.	B.sc-II	Jamadade
134	F	Shinde Rutuja Ashok	B.sc-II	Shinde
135	F	Jamadade Mayuri vishnu	B.sc-II	Jamadade
136	F.	Pawar Shradha Balasahab	B.sc-II	Pawar
137	F	Mane pratibha Manik	B.sc II	Mane
138	F	Mane Ankita Adikrao.	B.sc-II	Mane
139	F	Patole sayali Ramchandrar	Bsc II	Patole
140	F	Salunkhe Snehal Dinesh	Bsc II	Salunkhe
141	F	Patil Manisha sanjit	BSC II	Patil
142	M	Mulla Riyaz Akram	B.sc-III	Mulla
143	M	Patil Saurabh Dilip	B.sc III	Patil
144	F	Jadar Komal Durgaraj	B.sc-III	Jadar
145	F	Devkar Aishwarya Rajendra	B.sc.III	Devkar
146	F	Patil swapnali sampat	B.sc III	Patil



147	F.	Charan Snehal K.	BSC III	<u>Snehal</u>
148	F.	Kamble Apeksha Suresh	Bsc-III	<u>Akamble</u>
149	F.	Utpat Sayali Sunil	B.com-III	<u>Sayali</u>
150	F	Patil Sayali Subhash	B.com III	<u>SPatil</u>
151	F.	Mulani Reshma Lalasaheb	B.COM III	<u>RMulani</u>
152	F	mane Komal Dhondiram	B.com III	K.O.MANE.
153	F	Mahadik Pallavi Dhondiram	B.A. II	<u>Mahadik</u>
154	F	Salunkhe Nilam Gajanan	B.A. II	<u>Salunkhe</u>
155	F	Patil Amruta Anil	SY.B.COM II	<u>Patil</u>
156	F.	mane Amati Jalindar	B.A. I	<u>Amate</u>
157	F	Mali Priyanka Tukaram	B.A. I	<u>Amali</u>
158	F	Mane Anshana Vinayak	BA. I	<u>Anmane</u>
159	F	Wadkar Monali Laxman	B.com. I	<u>Wadkar</u>
160	F	Mane Achal Dattatray	B.A. I	<u>A.O.Mane</u>
161	F	mane Amruta Bhimasaoo	B.A. I	<u>Amans</u>
162	F	Patil Shital Kashinath	B.A. I	<u>SPatil</u>
163	F	Mote Manisha Haridas	B.A. II	<u>Mote</u>
164	F	Patil Pratibha Ankush	B.A. II	<u>Patil</u>
165	F	Kamble Shivani Amol	BA II	<u>Kamble</u>
166	F	Salunkhe Gitanjali Bharat	B.A. II	<u>Salunkhe</u>
167	M	Patil Aiy Vikas	B.COM III	<u>Patil</u>
168	M	Kwash Swadhi Uttam	BA-I	<u>Kwash</u>
169	M	Patil Shivraj Rajaram	B.COM III	<u>Patil</u>
170	M.	Kamble Jaydeep Manik	B.COM II	<u>Kamble</u>
171	M	AIYAJE AJAY VIJAY	B.COM II	<u>Aiyaje</u>
172	M	Chugule Jotiram Gajanan	BA. II	<u>Chugule</u>
173	F	Shinde Snehal Pradip	B.com II	<u>Shinde</u>
174	F	Patil Pratiksha Rajendra	B.com II	<u>Patil</u>



175	F	Patil. Poanam Chandrakant.	BA-I	Patil
176	F	Sapkal Swapnali Bharat	B.Com-I	Sapkal
177	F	Patil Uma Yashwant	B.A.II	Patil
178	F	shinde pooja Baburao	B.A.II	Shinde
179	F	Wagh snehal sambhaji	BA II	Wagh
180	M	Patil Onkar Javedan	B.A.II	Patil
181	M	Desai Rohit Keshav	B.A.II	Desai
182	M	Mandale Sandip madhukar	B.A.II	Mandale
183	M	Patil Prashant Vasant	B.A.II	Patil
184	M	Jadhav Akash Rajaram	11 <sup>th</sup> sci	Jadhav
185	M	shinde Aniruddha Anil	11 <sup>th</sup> sci	Shinde
186	M	Mane Ajinkya Yashwant	BA-II	Mane
187	F	kumbhar Anushka Vasant	BCOM I	Kumbhar
188	F.	Kanase Aarti Vijay.	B.A.I	Kanase
189	f	Jadhav Pratiksha Dattatray	BA I	P.D. Jadhav
190	F	Patil Aishwarya sanjay	M.A.II	Patil
191	M	Jumade Saurabh Shankar	B.A.III	Jumade
192	F	Jadhav Bhagyashri Dattatray	B.A.II	Jadhav
193	F.	Patil Mounali Balawant	B.Com II	Patil
194	M	Pawar somnath shahaj P	B.A.II	Pawar
195	M	Patil Vinod Suryasant	B.A.II	Vinod
196	M	Chorfade suraj Sanyasrao	BA.II	Chorfade
197	M	Kobale pravin vaman	B.A.II	Kobale
198	F	Phadtare Prajakta Dipak	B.A.II	Phadtare
199	F	Gaikwad Pratiksha Machindra	B.A.II	Gaikwad
200	F	Khemamate shital Ramesh	B.A.II	Khemamate
201	F	Kumbhar Nilam Hanmant	B.A.II	Kumbhar



202	F	Mali Sarika keshav	B-SC-I	<u>Mali</u>
203	F	Dhabugade Anjali prebhakar	B.A.II	<u>Anjali</u>
204	F	Patil Patil shivaji	B.A.III	<u>Patil</u>
205	F	Mursal Tasmiya Majid	B-SCI	<u>Mursal</u>
206	F	Mohite Darshana Sunjay	B.A.III	<u>Mohite</u>
207	F	mane shivani kisan	B.A.III	S.K.Mane.
208	F	Mirajkar Puja vishnu	B-SCI	<u>BB</u>
209	F	Shinde shubhangi shivaji	B.A.III	S.S.Shinde
210	F	Jadhav veushali Geulababao	B.A.III	<u>Jadhav</u>
211	F	Nimbalkar Priyanka Ramesh	B-Sc-I	<u>Nimbalkar</u>
212	F	Koganole. Sayali Mahadev	B.com I	<u>K</u>
213	F	Patil Vaishnavi Prakash	B.com I	<u>Patil</u>
214	F	Sayyad saniya shermahmad	B.com I	<u>Sayyad</u>
215	F	Rampise priyanka zunzarao	B.com I	<u>Rampise</u>
216	M	Zambare Sushant Tanaji	B.com I	<u>Zambare</u>
217	M	Patil Rushikesh Rajendra.	B.com I	<u>Patil</u>
218	F	Devkule Teupiti Madhukar	B.A.III	<u>Devkule</u>
219	F	Patil Harshada Ramchandra	B.A.III	<u>Patil</u>
220	f	Jadhav priyanka Balaso	B.A.III	<u>P.B.Jadhav</u>
221	f	Patil Jayashri shivaji	B.A.III	<u>Patil</u>
222	F M	Patil Vijay Manadev	B.A.III	<u>Vijay</u>
223	M	Charan Sushant Subhash	B.A.III	<u>Charan</u>
224	M	Niranjan Dattatray Devkule	B.A.III	<u>Niranjan</u>
225	f	Madane Amruta kisan	B.A.III	A.K.Madane
226	f	Anjali Bajirang Babule	B.A.III	<u>A.B. Babule</u>
227	f	koli saujanya sunbhaji	B.A.III	<u>Koli</u>
228	F	charan swati popat	B.com-I	<u>Charan</u>



229	F	Rajmane Priyanka Dadaso	Bcom-II	Prof
230	F	Mane Radhika Subhash	B.COM II	Prof
231	F	Damate. Karshali Dnyandee	BAI	V. D. Damate.
232	M	Buchade Prathmesh Prathad	B.COM I	Prof
233	M.	Jadhav Sahas Shiraji	B.Sc. III	Salun
234	M	Dr. Tatoba Kallappa Badame	NSS PO	<del>Patil</del>
235	M	Prin Dr. Milind S. Hujare	Principal	Prof
236	M	Mr. V. J. Jadhav	Asso. Prof.	Prof
237	M.	Dr. Patil Juresh S.	Prof.	Patil
238	M	Dr. Patil Shahaji J	Asso. Prof	Patil
239	M.	Mr. Kumbhar Y.T.	Asso. Prof	Prof
240	M.	Dr. B. T. Kamase	Asso. Prof.	Prof
241	M	Prof. L.S. Jadhav	Prof.	Prof
242	M	Dr. Khabade S.A.	Prof.	Patil
243	M	Mr. R.B. Manekar	Asso.	Prof
244	M	Dr. Rajesh Hanumanrao Roman	Asst. Prof	Prof
245	M.	Ranjit. S. Kumbhar	Asst. Prof.	Prof
246	M.	Dr. Haji D. Madaf	Asst. Prof	Prof
247	M	Dr. Vinodkumar P. Kumbhar	Asst. Prof	Prof
248	M	Mr. Patil D.Y.	Asst. Prof	Prof
249	M.	Dr. K.N. Patil	Asst. Prof	Prof
250	M.	Prof. A.K. Patil	Director of Phys	Prof
251	M.	Dr. D.B. Thorbole	Asst. Prof	Prof
252	M.	Mr. P.R. Khade	Asst. Prof.	Prof
253	F.	Dr. S.D. Jadhav	Asst. Prof.	Prof
254	F	Miss. A.P. Patil	Asst. Prof	Prof
255	F	Miss. S.D. Ghaltage	Asst. Prof.	Prof



256	M.	Dr. P. B. Teli	Asst. Prof.	Terps
257	M	Dr A.S. Kumbhar	Ass. Prof.	Terps
258	M.	Dr. S. K. Khade.	Asso. professor	Khade
259	F	Dr. Alka P. Inraondr	Asst. Prof.	Alka
260	f	miss. Punam Pratap patil	Asst. Prof.	Patil
261	M	mrs. vijay R Lohar	Lab. Attn.	Lohar
262	M	Dr. N.A. Kulkarni	Prof.	Kulkarni
263	M	Dr. B.T. Kharase	Asso. P.	Kharase
264	M	Dr. Arjun Dagh	Asst. Prof.	Dagh
265	M	Mr. Girish Sunil S	Asst. Prof.	Sunil
266	M	Dr. V.D. Kumbhar	Asst. Prof.	Kumbhar
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