

Report on International Yoga Day Celebration

Title of Programme	: Celebration of International Yoga Day
In Collaboration with	: Art of Living Foundation, Tasgaon
Organizing Department	: National Service Scheme
Lecturer & Guidance	: Mr. Surendra Swami (Yoga guru, Art of Living, Tasgaon)
Date	: 21 st June, 2016.
Venue	: College Apex
No. of Participants	: 141, Male: 59, Female: 81

The Department of National Service Scheme organized a International Yoga Day Celebration on 21st June 2016.

Yoga in Daily Life is a system of practice consisting of eight levels of development in the areas of physical, mental, social and spiritual health. When the body is physically healthy, the mind is clear, focused and stress is under control. The main goals of “Yoga in Daily Life” are Physical Health, Mental Health, Social Health, Spiritual Health, Self-Realization or realization of the Divine within us. These goals are attained by Love and help for all living beings, Respect for life, protection of nature and the environment, A peaceful state of mind, Full vegetarian diet, Pure thoughts and positive lifestyle, Physical, mental and spiritual practices, Tolerance for all nations, cultures and religions. Yogic techniques are known to improve one’s overall performance. Pranayama is an important, yet little known part of Yoga.



Faculty Members engaged in Yoga Practical

Our department invited to Yogaguru Mr. Surendra swami and Principal of the college and faculty members of other departments to be a benefit of yoga. All the faculty members take a benefit of yoga practical on this international yoga day.



Faculty Members engaged in Yoga Practical



Welcome and Introduction of chief Guest

Principal Dr. R.R. Kumbhar welcome of Yogaguru Mr.Surendra Swami. Program Officer Dr. T. K. Badame gave introduction of chief guest and explained importance of yoga in daily life.



Mr. Khairnar delivering lecture on yoga and participants

NSS Program Officer:-

Dr. T. K. Badame



(Dr. R. R. Kumbhar)

Principal

Padmabhushan Dr. Vasantodada Patil
Mahavidyalaya, Tasgaon, (Sangli)

"ज्ञान, विज्ञान आणि सुसंस्कार यांसाठी शिक्षण प्रसार"
 शिक्षणमहर्षी डॉ बापूजी साळुंखे.
 Shri Swami Vivekanand Shikshan Sanstha, Kolhapur's

Padmbhaushan Dr vasantraodada Patil Mahavidyalaya,

Tasgaon, Dist. Sangli

National Services Schism

Sr.No.	Students Name	Class	Sign.
1.	Thite sonali Ramesh	BA - I	S. R. Thite
2.	sharma Jyoti Brijmohan	B.A - I	Sharma
3.	thite Payal suresh	B.A - I	Payal
4.	Kharade Tanuja Vitthal	BA - I	Kharade
5	vishwajeet sambhaji Thite	BA - I	Vishje
6	Yogesh Raendra stendage	BA - II	Yogesh
7)	Mali vishal Sambhaji	B.A II	Mali
8)	Patil vishal Bhausa	B.A II	Patil
9)	Datta Anjum Shegar	BA - I I	Shegar
10)	Ritesh Sanjay Gend	BA - I	Ritesh
11)	Ramnavare omkar vikas	BA - I	Ram
12)	shreyash Prashant Devkute	BA - I	Shreyash
13)	Swalnali sanjay Rupnar	BA - I	Swalnali
14	Bhendge Rohini chandrakant	BA - I	Rohi
15)	Gaikwad Rumi Vikas	BA - I	Gaikwad
16)	Jadhav Sanika Sukdev	BA - I	Sanika
17)	Adate, omkar chandrakant	BA - I	O.C. Adate
18)	Sayali Harish waghmare	BA - I	Sayali
19)	Sanika Gajanan karmalkar	BCOM - I	S.G.K.
20)	Prajakta Mahadev Salunkhe	BA II	Prajakta
21)	Dipati chandrakant Sakunkhe	BA - II	D.C. Salunkhe
22)	Aishwarya Dhanaji Patil	BA - II	A.D. Patil
23)	Pooja chandrakant Madane	B.A. II	P.C. Madane
24)	Nimita Bharat Patil	BA II	N.B. Patil
24	DAVNO Shital Tanaji	BA - I	SD

Sr.No.	Students Name	Class	Sign.
	Shashikant		
25)	Patil Aishwarya Patil	B.A I	Patil
26)	Awale Tanmay Anil	BA I	T.A. Awale
27)	Aniket Balasa Nallwade	BA II	A. B. N
28)	Pranay Pramod Thorat	BA I	P. P. Thorat
29)	Saurabh Sunil Mali	BA-I	S.S. Mali.
30)	Nikam Pratiksha Balasa	BA - I	Nikam
31)	Abhishek. Balasaheb Kanale	BA.I	Kanale
32)	Sujat Sanjay Dhule	BA.I	Dhule
33)	Shubham Mahant Dhale	BA. I	Dhale
34)	Radhika Kumbar Pawar	BA II	R. K. Pawar
35)	Misal Samiraj Rajkumar	B.A II	S. A. Misal
36)	Yaddav Vaibhavi Jotiram	B. A II	V. J. Yaddav
37)	Shinde Ankita Tanaji	B. A. II	(A) S
38)	Rupnar Tejasvi Vinod	B. A. II	Rupnar
39)	Priya Tanaji Pol	B. A. II	P. T. Pol
40)	Rutuja Sachin Shinde	B. A. (I)	Shinde
41)	Sanika Avinash Shinde	B-A I	Sanika
42)	Namrata Bhaskar Mane	B. A I	(N) M.
43)	Pannam Rajkumar Mali	BATI	Pannam
44)	Alvanksha Sampat Nallwade	BA II	A. S. Nallwade.
46)	Patil Pradnya Sanjay	BATI.	P. S. P.
47)	Patil Rutika Dinkar	B. A. II	Patil
48)	Nalawade Shehal Sampat	BIA II	(N) Nalawade
49)	Manika Sudhir Kumbhar	BATI	M. S. Kumbhar
50)	Mali Atul Vitthal	BA II	Mali
51)	Mali Abhijeet Machindra	BA II	Mali
52)	OMKAR VITTHAL PALKAR	BA - I	Palkar
53)	Tushar Laxman Shinde	BA - I	Shinde
54)	Bushikesh Kiran Londhe	BA - I	R. Londhe
55)	Kundan Uttam Shendage	B. A - I	K. Shendage
56)	Parashuram Anil Patil	BA I	P. A. Patil
57)	Mali Satyajeet Machindra	B A I	S. M. Mali

Sr.No.	Students Name	Class	Sign.
58	Prathmesh Gajanan Vimbalkar	B.A-I	P.G.N
59	Pranav Madhukar Patil	B.A-I	Pranav
60	Shreyas Mahadev Patil	B.A-II	Shreyas
61	Rahul Adithyash Perkar	B.A-II	Rahul
62	Krunal Ganpat Nilkam	B.A-I	Krunal
63	OM Ajay Chhatrapati	B.A-I	Chhatrapati
64	Niranjan Netaji Kavuli	B.A-I	Kavuli
65	Suraj Anant Madhup	B.A-I	Suraj
66	Suraj Suresh Patil	B.A-I	Patil
67	Valbhav K. R. Shrinani Patil	B.A-I	Patil
68	Ajim Vikram M. K. Wade	B.A-I	Ajim
69	Pranjali Sandip Jadhav	B.A-I	Pranjali
70	Sayli Anil Patil	B.A-I	S.A. Patil
71	Bhagyashri Bajirao Mali	B.Com-I	Bhagyashri
72	Ankita Anil Yadav	B.Com-I	Ankita
73	Sakshi Satish Sawant	B.Com-I	Sakshi
74	Patil Shreyas Mahadev	B.A-II	
75	Gurav. Sanket Arun	B.A-II	Sanket
76	Riza Kalandar Mulla	BA II	Riza
77	Poonam Chandrakant Patil	BA-III	Poonam
78	Chadaye. Shikant V. Patil	BA II	Chadaye
79	Valbhav Nikis Narute	B.Com II	Valbhav
80	Anuja Manu Patil	B.Com	Anuja
81	Damute Varshali Dnyanadev	BA III	Ko. Damute
82	Kumbar Sandhyaani Ramchandra	B.Com II	Kumbar
83	Sanika Arun Gurav	B.Com II	Sanika
84	Kadam Sakshata Babasaheb	B.Com II	Kadam
85	Kunal Ashok Patil	B.A-I	Kunal
86	Tejas Dattatray Nalawade	B.A-I	Tejas
87	Satyajit Dilip Mohite	B.A-I	Satyajit
88	Ankit Ramdas Sawant	BA-I	Ankit
89	Pooja Shesha Fadnis	B.A-I	Pooja
90	Abhishek Ajay Chhatrapati	B.A-I	Abhishek

Sr.No.	Students Name	Class	Sign.
91]	Rushikesh Parsharath Jadhav	BA - I	RJG
92]	Rushikesh Ganapati Jadhav	BA - I	RGP
93]	Swarnil Shankar Bobade	BA - I	SB
94]	Rupesh Sanjay Pawar	BA - I	SR
95	Nikhil Takaram Kharade	BA - I	NK
96]	Kanase Aarti Vijay.	B.A - II	KA
97]	Prathamesh Pravin Jadhav	B.A - I	P.P. Jadhav.
98]	Yash Sanjaykumar Nikam	B.A - I	Y.S. Nikam
99	OMKAR Ashok Suryawanshi	B.A - I	OK
100	Anuja Dattatray Pawar	B.A - I	AP
101	Nikita Rajendra madane	B.A - II	chate
102	Nilam Vasant Deshmukh	B.A - II	Deshmukh
103	Kirika Rajwani sone.	B.A, II	KR
104	Anuradha Mahadev Waghmode	BSC I	(AM) Waghmode
105	Patil Pema Devappa.	BSC I	Patil
106.	Gavali Mansi Ravindra.	BSC I	Gavali
107.	Sulekha Pramod Mane	BA - I	Sprme.
108	Dushala Pragati Sotodev	B.A III	Kakade
109	Tushar Ashok Mane	B.A I	Amare
110	shinde Vaibhavi Dilip	B.A II	V.D. Shinde
111	Desai Pooja Dhondisam	B.A. I	P.D. Desai
112	Patil Aishwarya vilas	B.A - II	Patil
113	Naik pooja Bhima	B.A - II	P.B. Naik
114	PATIL NEHA SANJAY	B.A - II	NP
115	Phalle Samruddhi Ananda	B.A - II	S.A. Phalle
116	Sakate Shrawati Keshav	B.com III	Sakate
117.	Mane Rutuja Baban.	B.com I	RM
118	patil Atisha pradip	B.com - I	Patil
119	Vaishnavi Mahadev Bendrekar	B.com I	VB
120	Pranali Balasao Bendrekar	B.com I	P.B. Bendrekar
121	Patil Anil Rakesh	B.com I	PA
122	Nalawade sanika hishar	B.com I	S.K. Nalawade
123	Mujawar Jusmin Rashid	B.com I	BM
124	Mujawar Afrin Harun	B.com	AM

125] Omkar Mohan Adote	BA II	Adote
126] Jadhav samrudhi Dattatray	BA I	Jadhav
127] Asavari Ballasheeb Mali	BA II	Mali
128] Rutuja Lalaso Mulani	B.A II	R. Mulani
129] Jadhav Balkrishna Suresh	B.A - I	Jadhav
130] Jadhav Ajinkya Sanjay	B.A - I	Jadhav
131] Sande NISHAT Dattatray	B.A. II	S.
132] Soddhale Sahil Ashok	B.A I	Soddhale
133] Waware Gauri Sanjay	BCA II	Waware
134] Jamadade Shreya Rajendra	BCA II	Jamadade
135] Sawant Nutan Navnath	BA - II	Sawant
136] Omkar Arun Patil	BA - II	Patil
137] Shradha Ajit Patil.	BA - II	S.A. Patil.
138] Sanjivani Dhondiram Patil	BA - II	Patil.
139] Vaishnavi Pandurang Jadhav	BA II	Patil
140] Vaishnavi Uttam Bodake	BA II	Bodake
141] Aarti Mahadeo Ghevani	BA II	A.M. Ghevani.

