

Report on International Yoga Day Celebration

Title of Programme	: Celebration of International Yoga Day
In Collaboration with	: Art of Living Foundation, Tasgaon
Organizing Department	: National Service Scheme
Lecturer & Guidance	: Mr. Surendra Swami (Yogaguru, Art of Living, Tasgaon)
Date	: 21 st June, 2016.
Venue	: College Apex
No. of Participants	: 141, Male: 59, Female: 81

The Department of National Service Scheme organized a International Yoga Day Celebration on 21st June 2016.

Yoga in Daily Life is a system of practice consisting of eight levels of development in the areas of physical, mental, social and spiritual health. When the body is physically healthy, the mind is clear, focused and stress is under control. The main goals of “Yoga in Daily Life” are Physical Health, Mental Health, Social Health, Spiritual Health, Self-Realization or realization of the Divine within us. These goals are attained by Love and help for all living beings, Respect for life, protection of nature and the environment, A peaceful state of mind, Full vegetarian diet, Pure thoughts and positive lifestyle, Physical, mental and spiritual practices, Tolerance for all nations, cultures and religions. Yogic techniques are known to improve one’s overall performance. Pranayama is an important, yet little known part of Yoga.



Faculty Members engaged in Yoga Practical

Our department invited to Yogaguru Mr. Surendra swami and Principal of the college and faculty members of other departments to be a benefit of yoga. All the faculty members take a benefit of yoga practical on this international yoga day.



Faculty Members engaged in Yoga Practical



Welcome and Introduction of chief Guest

Principal Dr. R.R. Kumbhar welcome of Yogaguru Mr.Surendra Swami. Program Officer Dr. T. K. Badame gave introduction of chief guest and explained importance of yoga in daily life.



Mr. Khairnar delivering lecture on yoga and participants

NSS Program Officer:-

Dr. T. K. Badame



(Dr. R. R. Kumbhar)

Principal

Padmabhushan Dr. Vasantodada Patil
Mahavidyalaya, Tasgaon, (Sangli)

"ज्ञान,विज्ञान आणि सुसंस्कार यांसाठी शिक्षण प्रसार"
 शिक्षणमहर्षी डॉ. बापूजी साळुंखे
 Shri Swami Vivekanand Shikshan Sanstha, Kolhapur's

Padmbhaushan Dr vasantraodada Patil Mahavidyalaya,

Tasgaon, Dist. Sangli

National Services Schism

Sr.No.	Students Name	Class	Sign.
1.	Thite sonali Ramesh	BA - I	S. R. Thite
2.	Sharma Truti Brijmohan	BA - I	Sharma
3.	Thite Payal suresh	BA - I	Payal
4.	Kharade Tanuja Vitthal	BA - I	Kharade
5	Vishwajeet Sambhaji Thite	BA - I	V. Thite
6	Yogesh Rajendra shendage	BA - II	Yogesh
7)	Mali Vishal Sambhaji	BA II	Mali
8)	Patil Vishal Bhausa	BA II	Patil
9)	Datta Astun Shegar	BA - II	Datta
10)	Ritesh Sanjay Gend	BA - I	Ritesh
11)	Ramnavare omkar Vinayak	BA - I	Ramnavare
12)	Shreyash Prashant Devkule	BA - I	Shreyash
13)	Swalmali sanjay Rupnar	BA - I	Swalmali
14	Shendge Rohini chandrakant	BA - I	Shendge
15)	Gaikwad Rupal Vikas	BA - I	Gaikwad
16)	Jadhav Sanika Sukdev	BA - I	Sanika
17)	Adate omkar chandrakant	BA - I	O. C. Adate
18)	Soyali Harish waghmare	BA - I	Soyali
19)	Sanika Gajanan karmalkar	BCOM - I	S. G. K.
20)	Prajakta Mahadev Salunkhe	BA II	Prajakta
21)	Dipali chandrakant Sakunkhe	BA - II	D. C. Salunkhe
22)	Aishwarya Dhanaji Patil	BA - II	A. D. Patil
23)	Pooja chandrakant Madane	BA - II	P. C. Madane
24)	Nikita Bharat Patil	BA II	N. B. Patil
24	DAVNO Shital Tanaji	BA - I	SD

Sr.No.	Students Name	Class	Sign.
	Shashikant		
25)	Patil Aishwarya Patil	B.A.I	Patil
26)	Awale Tanmay Anil	BA I	T.A. Awale
27)	Aniket Balasa Nalwade	BA II	A.B.N
28)	Pranay Pramod Thorat	BA I	P.P.Thorat
29)	Saurabh Sunil Mali	BA-I	S.S.Mali.
30)	Nikam Pratiksha Balasa	BA - I	Balikam
31)	Abhishek. Balasaheb Kanade	BA.I	Abhishek
32)	Sujat Sanjay Dhule	BA.I	Sujat
33)	Shubham Harmanth Dhale	BA. I	Shubham
34)	Radhika Kumara Pawar	BA II	R.K.Pawar
35)	Misal Samiraj Rajkumar	B.A.II	S.R.misal
36)	Yadav Vaibhavi Jotiram	B.A.II	V.T.Yadav
37)	Shinde Ankita Tanaji	B.A.II	(Anita)
38)	Rudra Tejasvi Vinod	B.A.II	Rudra
39)	Priya Tanaji Pol	B.A.II	P.T.Pol
40)	Rutuja Sachin Shinde	B.A.(I)	Rutuja
41)	Sanika Arinash Shinde	B-A I	Sanika
42)	Namrata Bhaskar Mane	B.A I	(Bm)
43)	Poonam Rajkumar Mali	B.A.II	Poonam
44)	Alvanksha Sampat Nalwade	BA.II	A.S.Nalwade.
46)	Patil Pradnya Sanjay	B.A.II.	P.SP.
47)	Patil Rutika Dinkar	B.A.II	Patil
48)	Nalwade Sheetal Sampat	B.A.II	(Nalwade)
49)	Monika Sudhie Kumbhar	B.A.II	M.S.Kumbhar
50)	Mali Atul Vitthal	B.A.II	Mali.
51)	Mali Abhijeet Machindra	BA.II	Mali
52)	OMKAR VITTHAL PALKAR	BA - I	Omkar
53)	Tushar Laxman Shinde	BA - I	Tushar
54)	Rushikesh Kiran Londhe	BA - I	Rushikesh
55)	Kandan uttam shenkar	B.A.I	K.Senkar
56)	Parashuram Anil Patil	B.A I	P.A.Patil
57)	Mali Satyjeet Machindra	B.A.I	S.M.Mali

Sr.No.	Students Name	Class	Sign.
58	Prathmesh Galgahan Vimbalkar	B.A-I	P.G.N
59)	Pratik Madhukar Patil	B.A-I	Pratik
60)	shreyas mahadev Patil	B.A-II	Shreyas
61)	Rahul Adibath Derkute	B.A-II	Rahul
62)	Krunal Ganpat Milkam	B.A-I	Krunal
63)	OM Ajay Chetank	B.A-I	Chetank
64)	Niranjan Netaji Gavuli	B.A-I	Netaji
65)	Suraj Anil Madhup	B.A-I	Suraj
66	surdj suresh Patil	B.A-I	Surdj
67)	Vaibhav Krushnaji Patil	B.A-I	Vaibhav
68)	Aqim vikram Mlawade	B.A-I	Aqim
69.	Pranjali Sandip Jadhav	B.A-I	Pranjali
70	Sayli Anil Patil	B.A-I	S.A Patil
71	Bhagyashri Bajirao Mali	B.com I	Bhagyashri
72	Ankita Anil Yadav	B.com-1	Ankita
73	Sukshi Satish Sawant	B.com-1	Sukshi
44	Patil shreyas mahadev	B.A II	
75	Gurav. SANKET Arun	B.A-2P	Sanket
76	Riza Kalandar Mulla.	BA II	Rizal
77.	Poonam Chandrakant Patil	BA-III	Poonam
78	Chadase. Shikhar Uday	B.A II	Shikhar
79	Vaibhavi Nikis Narute	B.com II	Vaibhavi
80	Arushi Maruti Patil	B.com	Arushi
81	Damute. Varshali Dnyanodev	BA III	V.D. Damute
82	Kumbhar Sindhyaani Ramchandr	B.com II	Sindhyaani
83	Sanika Arun Gunav.	B.com II	Sanika
84	Kadam Sahasra Babasaheb	B.com II	Sahasra
85	KUNAL Ashok Patil	B.A-I	Kunal
86	Tejas Dattatray Nalawade	B.A-1	Tejas
87	Satyajit Dilip Mohite	B.A-1	Satyajit
88)	Ankita RAMDAL Sawali	BA-I	Ankita
89	Poojar shasad Fadlam	B.A-I	Poojar
90	Abhishek Ajay Chudage	B.A-I	Abhishek

Sr.No.	Students Name	Class	Sign.
91]	Rushikesh Parsharath Yadhav	BA - I	RDG
92]	Rushikesh Ganapati Jadhav	BA - I	RGP
93]	Swarnil Shankar Bobade	BA - I	SB
94]	Rupesh Sanjay Pawar	BA - I	RSP
95	Nikhil Takaram Khurade	BA - I	Nikhurade
96]	Kanase Aarti Vijay.	B.A - III	AV
97]	Prathamesh Pravin Jadhav	B.A - I	P.P. Jadhav
98]	Yash Sanjaykumar Nikam	B - A - I	Yash Nikam
99	OMKAR Ashok Suryawanshi	B - A - I	AK
100	Anuja Dattatray Pawar	B - A - I	Anuja
101	Nikita Rajendra madane	B - A - II	chete
102	Nilam Vasant Deshmukh	B - A - II	Nishmukh
103	Kirtika Rajaram surve.	B.A., II	Kirtika
104	Anuradha Mahadev Waghmode	BSC I	HW Waghmode
105	Patil Preme Devappa.	BSC I	Patil
106.	Gavali Mansi Ravindra.	BSC I	Gavali
107.	Sulakha Prasad Mane	B.A - I	Sulakha
108	Durbala Pragati Soldev	B.A III	Durbala
109	Tushar Ashok Mane	B.A I	Amare
110	shinde Vaibhavi Dilip	B.A II	V.D. Shinde
111	Desai Pooja Dhendrasam	B.A. II	P.D. Desai
112	Patil Aishwarya vilas	B.A - II	Patil
113	Neik pooja Bhima	B.A - II	P.B. Neik
114	PATIL NEHA SANJAY	B.A - II	Patil
115	Phalle Samuddhi Ananda	B.A - II	S.A. Phalle
116	Sakate shrawti Keshav	B.com III	Sakate
117.	Mane Rutuja Babar.	B.com I	Mane
118	patil Atisha pradip	B.com - I	Patil
119	Vaishnavi Mahesh Bendrekar	B.com I	VB
120	Pranali Balasao Bendrekar	B.com I	P.B. Bendrekar
121	Priti Anil Rasal	B.com I	Rasal
122	Nalawade sanika kishor	B.com I	S.K. Nalawade
123	Mujawar Jusmin Rashid	B.com I	BM
124	Mujawar Afra Hassan	B.com	AM

125] Omkar Mohan Adate	BA II	Adate
126] Jadhav samruddhi Dattatray	BA I	Jadhav
127] Asavkari Balasahab Mali	BA II	Asavkari
128] Rutuja Lalaso Mulani	BA II	Rutuja
129] Jadhav Balkrishna Suresh	B.A.-I	Jadhav
130] Jadhav Ajinkya Sanjay	B.A.-I	Jadhav
131] Sande NISHAT Dattatray	BA-II	S
132] Siddhale Sahil Ashok	B.A I	Siddhale
133] Waware Gauri Sanjay	BCA II	Waware
134] Tamadale Shreya Rajendra	BCA II	Tamadale
135] Sawant Nutan Navnath	BCA II	Sawant
136] Amkar Arun Patil	BA-II	Amkar
137] Shradha Ajit Patil.	BA-II	S.A. Patil.
138] Sanjivani Dhondiram Patil	BA-II	Patil.
139] Vaishnavi Pandurang Jadhav	BA II	Vaishnavi
140] Vaishnavi Uttam Badake	BA II	Vaishnavi
141] Aarti Mahadeo Ghevani	BA II	Aarti A.M. Ghevani.