

Report on International Yoga Day Celebration

Title of Programme	: Celebration of International Yoga Day
In Collaboration with	: Art of Living Foundation, Tasgaon
Organizing Department	: National Service Scheme
Lecturer & Guidance	: Mr. Surendra Swami (Yogaguru, Art of Living, Tasgaon)
Date	: 21 st June, 2016.
Venue	: College Apex
No. of Participants	: 141, Male: 59, Female: 81

The Department of National Service Scheme organized a International Yoga Day Celebration on 21st June 2016.

Yoga in Daily Life is a system of practice consisting of eight levels of development in the areas of physical, mental, social and spiritual health. When the body is physically healthy, the mind is clear, focused and stress is under control. The main goals of “Yoga in Daily Life” are Physical Health, Mental Health, Social Health, Spiritual Health, Self-Realization or realization of the Divine within us. These goals are attained by Love and help for all living beings, Respect for life, protection of nature and the environment, A peaceful state of mind, Full vegetarian diet, Pure thoughts and positive lifestyle, Physical, mental and spiritual practices, Tolerance for all nations, cultures and religions. Yogic techniques are known to improve one’s overall performance. Pranayama is an important, yet little known part of Yoga.



Faculty Members engaged in Yoga Practical

Our department invited to Yogaguru Mr. Surendra swami and Principal of the college and faculty members of other departments to be a benefit of yoga. All the faculty members take a benefit of yoga practical on this international yoga day.



Faculty Members engaged in Yoga Practical



Welcome and Introduction of chief Guest

Principal Dr. R.R. Kumbhar welcome of Yogaguru Mr.Surendra Swami. Program Officer Dr. T. K. Badame gave introduction of chief guest and explained importance of yoga in daily life.



Mr. Khairnar delivering lecture on yoga and participants

NSS Program Officer:-

Dr. T. K. Badame



(Dr. R. R. Kumbhar)

Principal
Padmabhushan Dr. Vasantraodada Patil
Mahavidyalaya, Tasgaon, (Sangli)

"ज्ञान, विज्ञान आणि सुसंस्कार यांसाठी शिक्षण प्रसार"
 शिक्षणमहर्षी डॉ बापूजी साळुंखे.
 Shri Swami Vivekanand Shikshan Sanstha, Kolhapur's

Padmbhaushan Dr vasantraodada Patil Mahavidyalaya,

Tasgaon, Dist. Sangli

National Services Schism

Sr.No.	Students Name	Class	Sign.
1.	Thite sonali Ramesh	BA - I	S. R. Thite
2.	Sharma Jyoti Brijmohan	B.A - I	Sharma
3.	Thite Payal suresh	B.A - I	Payal
4.	Kharade Tanuja Vitthal	BA - I	Kharade
5	Vishwajeet Sambhaji Thite	BA - I	Thite
6.	Yogesh Rajendra shendage	BA - II	Yogesh
7)	Mali Vishal Sambhaji	B.A II	Mali
8)	Patil Vishal Bhausa	B.A II	Patil
9)	Datta Arjun Shegar	BA - I I	Shegar
10)	Ritesh Sanjay Gend	BA - I	Ritesh
11)	Rananavare omkar vishwak	BA - I	Rananavare
12)	Shreyash Prashant Devkule	BA - I	Shreyash
13)	Swalnali sanjay Rupnae	BA - I	Swalnali
14	Shendge Rohini chandrakant	BA - I	Shendge
15)	Gaikwad Rurli Vikas	BA - I	Gaikwad
16)	Jadhav Sanika Sukdev	BA - I	Sanika
17)	Adate, omkar chandrakant	BA - I	O.C. Adate
18)	Sayali Harish waghmare	BA - I	Sayali
19)	Sanika Gajanan karmalkar	BCOM - I	S.G.K.
20)	Prajakta Mahadev Salunkhe	BA II	Prajakta
21)	Dipati chandrakant Salunkhe	BA - II	D.C. Salunkhe.
22)	Aishwarya Dhanaji Patil.	B.A - II	A.D. Patil.
23)	Pooja chandrakant Madane	B.A - II	P.C. Madane.
24)	Nikita Bharat Patil	B.A II	N.B. Patil
24	DAVINO Shital Tanaji	B.A - I	SD

Sr.No.	Students Name	Class	Sign.
	Shashikant		
25)	Patil Aishwarya Patil	B.A.I	Patil
26)	Awale Tanmay Anil	BA I	T.A. Awale
27)	Aniket Balasa Nalwade	BA II	A.B.N
28)	Pranay Promod Thorat	BA I	P.P.Thorat
29)	Saurabh Sunil Mali	BA-I	S.S.Mali.
30)	Nikam Pratiksha Balasa	BA - I	Nikam
31)	Abhishek. Balasaheb Kanale	BA.I	Kanale
32)	Suyit Sanjay Dhule	BA.I	Dhule
33)	Shubham Mahant Dhale	BA. I	Dhale
34)	Radhika Kumbar Pawar	BA II	R.K.Pawar
35)	Misal Samir Rajkumar	B.A.II	S.Misal
36)	Yadav Vaibhavi Jotiram	B.A.II	V.J.Yadav
37)	Shinde Ankita Tanaji	B.A. II	(A.K.S)
38)	Rupnar Tejasyi Vinod	B.A. II	Rupnar
39)	Priya Tanaji Pol	B.A. II	P.T. Pol
40)	Rutuja Sachin Shinde	B.A.(I)	Shinde
41)	Sanika Avinash Shinde	B-A I	Sanika
42)	Namrata Bhaskar Mane	B.A I	(N.B.M.)
43)	Poonam Rajkumar Mali	BA II	Poonam
44)	Alanksha Sampat Nalwade	BA II	A.S.Nalwade.
46)	Patil Pradnya Sanjay	BA II	P.SP.
47)	Patil Rutika Dinkar	B.A. II	Patil
48)	Nalwade Shehal Sampat	BA II	(Nalwade)
49)	Manika Sudhis Kumbhar	BA II	M.S.Kumbhar
50)	Mali Atul Vitthal	BA II	Mali
51)	Mali Abhijeet Machindra	BA II	Mali
52)	OMKAR VITTHAL PALKAR	BA - I	Palkar
53)	Tushar Laxman Shinde	BA - I	Shinde
54)	Rushikesh Kiran Londhe	BA - I	R.Londhe
55)	Kundan Uttam Shendage	B.A - I	K.Shendage
56)	Parashuram Anil Patil	BA I	P.A.Patil
57)	Mali Satyajeet Machindra	B.A I	S.M.Mali

Sr.No.	Students Name	Class	Sign.
58	Prathmesh Gajghani Nimbalkar	B.A-I	P.G.N
59)	Prathif Madhukar Patil	B.A-I	Prathif
60)	shreyas mahadev Patil	B.A-II	Shreyas
61)	Rahul Adikath Dervkute	B.A.II	RAD
62)	Krunal Ganpat Nikam	B.A-I	Krunal
63)	OM Ajay Chhatarge	B.A-I	Chhatarge
64)	Niranjan Netaji Gavuli	B.A-I	Gavuli
65)	Suraj Arjun Madhup	B.A-I	Suraj
66	suraj suresh Patil	B.A-I	Suraj
67)	Vaibhav K. Rushnaji Patil	B.A-I	Patil
68)	Aqim vikram Mhewade	B.A-I	Aqim
69.	Pranjali Sandip Jadhav	B.A-I	Pranjali
70	Sayli Anil Patil	B.A-I	S.A. Patil
71	Bhagyashri Bajirao Mali	B.Com-I	Bhag
72	Ankita Anil Yadav	B.Com-I	Ankita
73	Sukshi Satish Sawant	B.Com-I	Sukshi
74	Patil Shreyas Mahadev	B.A-II	
75	Gurav. SANKET Arun	B.A-II	Gurav
76	Riza Kalandar Mulla.	BA-II	Rizamulla
77.	Poonam Chandrakant Patil	BA-III	Poonam
78	Chadase, Shital Uday	B.A-II	Chadase
79	Vaibhavi Nikus Narute	B.Com-II	Vaibhavi
80	Anuja Maruti Patil	B.Com	Anuja Patil
81	Damute Varshali Dnyandev	BA-III	V.D. Damute
82	Kumbhar Sandhyaarani Ramchandra	B.Com-II	Kumbhar
83	Sanika Arun Gureav.	B.Com-II	Sanika
84	Kadam Sakshata Babasaheb	B.Com-II	Kadam
85	KUNAL Ashok Patil	B.A-I	Kunal
86	Tejas Dattatray Nalavade	B.A-I	Tejas
87	Satyajit Dilip Mohite	B.A-I	Satyajit
88)	ANHIT RAMDAS Sawadi	BA-I	Anhiti
89	Pesman Shesad Paalam	B.A-I	Pesman
90	Abhishek Ajay Chhatarge	B.A-I	Abhishek

Sr.No.	Students Name	Class	Sign.
91]	Rushikesh Parsharath Jadhav	BA - I	RJG
92]	Rushikesh Ganapati Jadhav	BA - I	RGP
93]	Swarnil Shankar Bobade	BA - I	SB
94]	Rupesh Sanjay Pawar	BA - I	SR
95	Nikhil Takayam Kharade	BA - I	NKhade
96]	Kanase Aarti Vijay.	B.A - III	Kanase
97]	Prathamesh Pravin Jadhav	B.A - I	P.P. Jadhav.
98]	Yash Sanjaykumar Nikam	B.A - I	Y.S. Nikam
99	OMKAR Ashok Suryawanshi	B.A - I	OKS
100	Anuja Pattatray Pawar	B.A - I	Anu
101	Nikita Rajendra madane	B.A - II	Nikita
102	Nilam Vasant Deshmukh	B.A - II	Neshmukh
103	KIRAN RAVIRAM SURVE.	B.A, II	KIRAN
104	Anuradha Mahadev Waghmode	BSC I	Am Waghmode
105.	Patil Pema Devappa.	BSC I	Patil
106.	Gavali Mansi Ravindra.	BSC I	Gavali
107.	Sulekha Pramod Mane	B.A - I	Sprme
108	Ravkula Pragati Sohdev	B.A III	Ravkula
109	Tushar Ashok Mane	B.A - I	Amare
110	Shinde Vaibhavi Dilip	B.A - II	V.D. Shinde
111	Desai Pooja Dhondisam	B.A - II	P.D. Desai
112	Patil Aishwarya vilas	B.A - II	Patil
113	Naik pooja Bhima	B.A - II	P.B. Naik
114	PATIL NEHA SANJAY	B.A - II	Patil
115	Phalle Samruddhi Ananda	B.A - II	S.A. Phalle
116	Sakate shruuti Keshav	B.com III	Sakate
117.	mane Rutuja Baban.	B.com I	mane
118	patil Atisha pradip	B.com - I	Patil
119	Vaishnavi Mahadev Bendrekar	B.com I	VB
120	Pranali Balasaheb Bendrekar	B.com I	P.B. Bendrekar.
121	Pati Anil Rasal	B.com I	Rasal
122	Nalawade sanika bishor	B.com I	S.K. Nalawade
123	Mujawar Jusmin Rashid	B.com I	Pm
124	Mujawar Afrin Harun	B.com	Am

125] Omkar Mohan Adote	BA II	Adote
126] Jadhav samrudhi Dattatray	BA I	Jadhav
127] Asavhari Balasahab Mali	BA II	Mali
128] Rutuja Lalaso Mulani	B.A II	R. Mulani
129] Jadhav Balkrishna Suresh	B.A - I	Jadhav
130] Jadhav Ajinkya Sanjay	B.A - I	Jadhav
131] Sande NISHAT Dattatray	B.A. II	S
132] Soddhale Sahil Ashok	B.A I	Soddhale
133] Waware Gauri Sanjay	BCA #	
134] Tamadale Shreya Rajendra	BCA II	Tamadale
135] Sawant Nutan Navnath	BCA II	Nutan
136] Omkar Arun Patil	BA - II	Patil
137] Shradha Ajit Patil.	BA - II	S.A. Patil.
138] Sanjivani Dhondiram Patil	B.A. II	Patil.
139] Vaishnavi Pandurang Jadhav	BA II	Patil
140] Vaishnavi Uttam Bodake	BA II	Bodake
141] Aarti Mahadeo Ghevari	BA II	Ghevari A.M. Ghevari.

