

“Dissemination of Education through Knowledge, Science and Culture”.

--Shikshanmaharshi Dr. Bapuji Salunkhe

**Shri. Swami Vivekananda Shikshan Sanstha's**  
**Padmabhushan Dr. Vasantodada Patil Mahavidyalaya,**  
**Tasgaon**

**WOMEN EMPOWERMENT CELL**

**REPORT ON**

**Training Course in Beauty Culture**

<b>Event</b>	<b>Training Course in Beauty Culture</b>
<b>Date</b>	<b>27<sup>th</sup> January to 5<sup>th</sup> February 2020</b>
<b>Duration</b>	<b>10 Days</b>
<b>Time</b>	<b>08.00 to 10.30 am</b>
<b>Venue</b>	<b>Room No 28</b>
<b>Total Participants</b>	<b>Female: 54</b>

Women Empowerment Cell of the College has organized such a training to develop the personality of the girl students and to become much more confident as well as to watch herself in each and every aspect of the self.

### **Why this Training is important.....**

Beautiful things change the one's emotion in a very positive way, they just act as mood changing catalyst in the mind of person. Beauty of a person gives a feeling of magnificent happiness. Beauty is a unique expression of any person which reflects the personality of the person in the true manner. In today's era, we all want to look beautiful as well as like to get attention by somebody else also. However, beauty is just like the garden which must be maintained and should be take care from time to time by the beauty professionals. Therefore, why we should hesitate or feel shy for making our appearance beautiful and confident.

Beauty is a joy forever, and skin is the biggest contributor to beauty. The feminine beauty ideal is "the socially constructed notion that physical attractiveness is one of women's most important assets, and something all women should strive to achieve and maintain".

The feminine beauty ideal, which also includes female body shape, varies from culture to culture. Pressure to conform to a certain definition of "beautiful" can have psychological effects, such as depression, eating disorders, and low self-esteem, starting from an adolescent age and continuing into adulthood.

<b>Trainers</b>	<b>Dr. Swati Walimbe</b>
	Mrs. Snehal Jagdhane
<b>Organizer</b>	Dr. Alka Inamdr

Dr. Alka Inamdr, Convener of the Women Empowerment Cell introduced Guests, Dr. Swati Walimbe and Mrs. Snehal Jagdhane in the beginning of the programme.



Dr. Swati Walimbe and Mrs. Snehal Jagdhane explained each and every aspect related to beauty....

It is a Diploma level Home Science course. Beauty is not only a work but it has much deeper significance. Everyone wants an attractive appearance and it has become a prerequisite to move forward in life. The theoretical and practical training imparted to the girls help in establishing themselves. The course starts with the zero knowledge of beauty culture and hair dressing and converts the students into professionals. The course focuses on hairstyling and other diverse sections of beauty treatments like facials, manicure, pedicure, shampooing, hair cutting and styling, etc. There are so many career options available to the students after successful completion of this Diploma course, especially in private sector.



They also gave some tips to prepare the facial packs, masks, creams and shampoo preparation by using household material and as a ayurvedic products.

### **1. Relaxing yourself:**

It is the time for relaxation and enjoys the feeling of being pampered by pedicure, manicure, facial and other beauty treatments. It is going to be an extremely pleasure feeling of massage as well as water and heat treatment on your skin by applying a gentle pressure on the skin.

### **2. Healthy Skin:**

In this hectic and busy schedule, we all forget about ourselves and we do not take care of our skin which is the most important part of body. Our skin reflects our personality so ignoring the skin means we are not considering our personality as important as it should be in our life.

### **3. Massage:**

First of all, you should understand that the massage is just not only a beauty treatment but also a necessity of body along with mind for keeping them healthy. It is very important in our daily life to relax our muscles and free our mind from daily tensions.

The massage helps in restoring the lost energy by restoring the energy levels and it is a very good method in relaxing the mind and body.

### **4. Haircut and hair style:**

There is a famous quote that first impression is the last impression. In the appearance of person, hair style has its own importance as it also reflects the person's personality. It is basically a representation of the person's look.

### **7. Quality Products:**

The beauty experts in beauty parlors often suggest some treatments and products for your beauty problems and offer some useful advice and treatment for getting rid of them. These advices are very important for you as these will help you in treating your problems and giving you a healthy skin and life. However, they also offer some

treatments which are available in their stores only; therefore, one should go for these beauty treatments.

Dr. Swati Walimbe learnt various hairstyles, Facial, various make up styles, Saree drapery as per state.

***GLIMPSES OF THE EVENT.....***











Dr. Alka Inamdr

Convener

Women Empowerment Cell

"Dissemination of Education for Knowledge, Science and Culture" - Shikshan Maharashtra Dr. Bapuji Salunkhe  
Shri Swami Vivekanand Shikshan Sanstha Kolhapur

Padmabhushan Dr. Vasantodada Patil Mahavidyalaya,  
Tasgaon

**Women Empowerment Cell**  
**Vocational Education Training**  
**On**  
**Personality Development and Beauty Culture**  
**NOTICE**

27/12/2019

All the girl students of the Senior College have noticed that, **Vocational Education Training On Personality Development and Beauty Culture** will be organized on 28<sup>th</sup> January 2020 to 06<sup>th</sup> February 2020 at 8.00 am to 10.30 am. Admission will be on first come first basis. Enroll your name on College Website.

*Alka Inamdr*  
Dr. Alka Inamdr  
Chairperson  
Women Empowerment Cell

*Dr. Milind Hujare*  
Dr. Milind Hujare  
Principal  
Padmabhushan Dr. Vasantodada Patil  
Mahavidyalaya, Tasgaon (Sangli).







"Dissemination of Education through Knowledge, Science and Culture"-Shikshanmaharshi Dr. Bapuji Salunkhe  
 Shri Swami Vivekanand Shikshan Sanstha, Kolhapur's  
 Padmabhushan Dr. Vasantmodada Patil Mahavidyalaya, Tasgaon Dist- Sangli  
 Women Empowerment Cell

Training Course Personality Development and Beauty Culture Course for Girls

Sl.No	First_Name	Last_name	Class	Sign, 27.01.2020	Sign, 28.01.2020	Sign, 29.01.2020	Sign, 30.01.2020	Sign, 31.01.2020	Sign, 01.02.2020	Sign, 02.02.2020	Sign, 03.02.2020	Sign, 04.02.2020	Sign, 05.02.2020
41	Geeta	Patil	B. A. S. Y	Geeta Patil	Geeta Patil	Geeta Patil	Geeta Patil	Geeta Patil	Geeta Patil	Geeta Patil	Geeta Patil	Geeta Patil	Geeta Patil
42	Komal	Rohi Kiratkar	B. A. S. Y	Komal Rohi Kiratkar	Komal Rohi Kiratkar	Komal Rohi Kiratkar	Komal Rohi Kiratkar	Komal Rohi Kiratkar	Komal Rohi Kiratkar	Komal Rohi Kiratkar	Komal Rohi Kiratkar	Komal Rohi Kiratkar	Komal Rohi Kiratkar
43	Dipali	Patil	B. SC. 2	Dipali Patil	Dipali Patil	Dipali Patil	Dipali Patil	Dipali Patil	Dipali Patil	Dipali Patil	Dipali Patil	Dipali Patil	Dipali Patil
44	Samrudhi	Patil	B.sc.3rd	Samrudhi Patil	Samrudhi Patil	Samrudhi Patil	Samrudhi Patil	Samrudhi Patil	Samrudhi Patil	Samrudhi Patil	Samrudhi Patil	Samrudhi Patil	Samrudhi Patil
45	Kavita	Narale	B. A. S. Y	Kavita Narale	Kavita Narale	Kavita Narale	Kavita Narale	Kavita Narale	Kavita Narale	Kavita Narale	Kavita Narale	Kavita Narale	Kavita Narale
46	Sarvalli	Tupsoundarya	B.com I	Sarvalli Tupsoundarya	Sarvalli Tupsoundarya	Sarvalli Tupsoundarya	Sarvalli Tupsoundarya	Sarvalli Tupsoundarya	Sarvalli Tupsoundarya	Sarvalli Tupsoundarya	Sarvalli Tupsoundarya	Sarvalli Tupsoundarya	Sarvalli Tupsoundarya
47	Mijba	Jamadar	B. Com I	Mijba Jamadar	Mijba Jamadar	Mijba Jamadar	Mijba Jamadar	Mijba Jamadar	Mijba Jamadar	Mijba Jamadar	Mijba Jamadar	Mijba Jamadar	Mijba Jamadar
48	Dhanshree	Patilwan	B.com I	Dhanshree Patilwan	Dhanshree Patilwan	Dhanshree Patilwan	Dhanshree Patilwan	Dhanshree Patilwan	Dhanshree Patilwan	Dhanshree Patilwan	Dhanshree Patilwan	Dhanshree Patilwan	Dhanshree Patilwan
49	Ashwini	Khare	B.sc 3	Ashwini Khare	Ashwini Khare	Ashwini Khare	Ashwini Khare	Ashwini Khare	Ashwini Khare	Ashwini Khare	Ashwini Khare	Ashwini Khare	Ashwini Khare
50	Pratibha	Dharkar	B.sc 2	Pratibha Dharkar	Pratibha Dharkar	Pratibha Dharkar	Pratibha Dharkar	Pratibha Dharkar	Pratibha Dharkar	Pratibha Dharkar	Pratibha Dharkar	Pratibha Dharkar	Pratibha Dharkar
51	Aishwarya	Kare	B.sc 3	Aishwarya Kare	Aishwarya Kare	Aishwarya Kare	Aishwarya Kare	Aishwarya Kare	Aishwarya Kare	Aishwarya Kare	Aishwarya Kare	Aishwarya Kare	Aishwarya Kare
52	Minal	Patil	B.sc. III	Minal Patil	Minal Patil	Minal Patil	Minal Patil	Minal Patil	Minal Patil	Minal Patil	Minal Patil	Minal Patil	Minal Patil
53	Saradha	Tare	B.sc. II	Saradha Tare	Saradha Tare	Saradha Tare	Saradha Tare	Saradha Tare	Saradha Tare	Saradha Tare	Saradha Tare	Saradha Tare	Saradha Tare
54	Sejato	Patil	Society	Sejato Patil	Sejato Patil	Sejato Patil	Sejato Patil	Sejato Patil	Sejato Patil	Sejato Patil	Sejato Patil	Sejato Patil	Sejato Patil
55	Tejasree	Mare	B.Sc. III	Tejasree Mare	Tejasree Mare	Tejasree Mare	Tejasree Mare	Tejasree Mare	Tejasree Mare	Tejasree Mare	Tejasree Mare	Tejasree Mare	Tejasree Mare
56													

Total Participants = 54