

“Dissemination of Education through Knowledge, Science and Culture”.

--Shikshanmaharshi Dr. Bapuji Salunkhe

Shri. Swami Vivekananda Shikshan Sanstha's
Padmabhushan Dr. Vasantraodada Patil Mahavidyalaya,
Tasgaon

WOMEN EMPOWERMENT CELL

REPORT ON

First Aid Demonstration and Guidance

Event	Training Workshop on First Aid Demonstration and Guidance
Date	07th December 2019
Venue	Room No. 28
Total Participants	Female: 89

The Women empowerment Cell of the College organized a programme of Training and Demonstration of First Aid for girl students on 07th December 2019 at 10.00 to 6.00 pm.

First aid is a combination of simple procedures and common sense.

The aims of first aid are.....

- **To preserve life:** Saving lives is the main aim of first aid.
- **To prevent further harm:** The person who has experienced the injury must be kept stable, and their condition must not deteriorate before medical services arrive. This may include moving the individual away from harm, applying first aid techniques, keeping them warm and dry, and applying pressure to wounds to stop any bleeding.
- **Promote recovery:** Taking steps to promote recovery may include applying a bandage to a wound.

Why first aid training is so important?

- **Increases safety:** The basis of first aid training is "prevention". It is always better to be safe than to be sorry. Knowledge of first aid promotes the sense of safety and well being amongst people, prompting them to be more alert and safe in the surroundings they dwell in.
- **Helps save lives:** If a person who is trained to give first aid administration happens to see any casualty in his vicinity, immediate action can be taken and lives be saved.
- **Helps relieve pain:** Some injuries require a very simple solution like applying ice pack or a quick rub. A ride to the emergency room is not necessary, at least not for some time.

- **Makes people more secure:** Knowing that you can save your own life when required, or that of the people you know or those in trauma during some emergency helps you relax more and be more secure.
- **Prevents the situation from becoming worse:** A trained person would know how to keep the situation from becoming bad to worse. They will provide temporary treatment which will keep the condition of the victim from deteriorating, till professional help arrives.

Chief Guest	Dr. Mrunalini Bhosale Miss. Aishwarya Bhosale
President	Principal Dr. Milind Hujare
Organizer	Dr. Alka Inamdr

Programme was introduced by Dr. Alka Inamdr, Chairperson of the Women Empowerment Cell and welcomed the Speaker of the function Dr. Mrunalini Bhosale, and her colleague Miss Aishwarya Wandare, President of the function Principal Dr. Milind Hujare.







Principal Dr. Hujare Sir in his presidential speech elaborated many issues of the first aid and its importance. He explained the knowledge of first aid which promotes a healthy, secure and a safer environment, and instills confidence amongst people, their families, their colleagues and associates. Basic first aid knowledge is very helpful in dealing with trauma situations. Not just the medical help they provide, but the confidence they exhibit is very helpful during casualties. Being trained to provide first aid is useful to oneself and society.



Dr. Mrunalini Bhosale has practically explained every aspect of first aid box, its necessity etc.

In her speech, Human bodies are susceptible to injuries, illnesses and trauma. We never know when any injury may happen to us or the people we love or those who are around us. Thus it is always good to have some amount of basic knowledge to take care of critical situations, to keep it from going from bad to worse or till the medical help arrives.



Administering first aid to victims in the event of accidents, mishaps and occurrences during office and school hours or in the case of some accident is encouraged. One must know the basics of administering first aid and this knowledge is gained by getting trained.

GLIMPSES OF THE EVENT.....











According to her the most common term referred to in first aid is ABC. This stands for airway, breathing, and circulation. A fourth step will appear in the emergency procedures for some facilities.

- **Airway:** Make sure the airway is clear. Choking, which results from the obstruction of airways, can be fatal.
- **Breathing:** Once the airways are confirmed to be clear, determine whether the person can breathe, and, if necessary and provide rescue breathing.
- **Circulation:** If the person involved in the emergency situation is not breathing, the first aider should go straight for chest compressions and rescue breathing. The chest compressions will promote circulation. This saves valuable time. In emergencies that are not life-threatening, the first aider needs to check the pulse.

- **Deadly bleeding or defibrillation:** Some organizations consider dressing severe wounds or applying defibrillation to the heart a separate fourth stage, while others include this as part of the circulation step.

Evaluating and maintaining ABC with a patient depends on the training and experience of a first aider. As soon as ABC has been secured, the first aider can then focus on any additional treatments.

It is important to use a primary survey to make sure the scene is clear of threats before stepping in to help:

The first aider then needs to carry out a secondary survey, checking for deformities, open wounds, medic alert tags, and swellings.

If the injured person is breathing safely, carry out a rapid whole-body check for the following:

- open wounds
- deformities
- medical alert tags advising of underlying conditions
- swellings

This is known as a secondary survey. As soon as this has been completed, place the individual in a recovery position. At this point, the first aider should call for an ambulance.

The programme was closed by the vote of thanks by Miss. Nikita Kadam.



Miss. Gauri Patil, Miss. Komal Ghotkar, Miss Nikita Pawar appreciated the programme and they gave their feed back. Miss. Kheradkar Madam from faculty appreciated the prograame.





मुलींनी हेल्पलाइन नंबरचा वापर करावा : डॉ. भोसले



तलासगाव : येथील पीडीपीडीपी महाविद्यालयात आयोजित कार्यशाळेत बोलताना डॉ. भुवनाशिनी भोसले बालनृत्य प्राचार्य डॉ. मिलिंद हुजरे व इतर.

प्रतिनिधी
तलासगाव

मुलींनी स्वतःच्या सुरक्षिततेची वाढवण्यासाठी आपल्या परीक्षेच्या शेवटी प्रथमोपचार फेटी ठेवावी. हेल्पलाइन नंबरचा वापर करावा, असे प्रतिपादन डॉ. भुवनाशिनी भोसले यांनी केले.

तलासगावातील भूषण डॉ. वसंतरावदादा पाटील महाविद्यालय, येथे महिला सक्षमीकरण समिती मार्फत आयोजित केलेल्या प्रथमोपचार प्रात्यक्षिकासह मार्गदर्शन एक दिवसीय कार्यशाळेत बोलत होत्या. यावेळी अध्यक्षस्थानी प्राचार्य डॉ. मिलिंद हुजरे हे होते.

यावेळी डॉ. भोसले यांनी प्रथमोपचार करताना कोणती खबरदारी घ्यावी?, अपघात झाला असेल तर काय करावे?, दवाखान्याशी संपर्क कसा करावा?, योग्य ती वाढवणी कशी घ्यावी, चौकस बुद्धीचा वापर करून योग्य कसे निर्णय घ्यावेत?, प्रथमोपचार फेटीत काय असावे?, कोरी असले आणि कसे ठेवावे, कोणत्या प्रसंगाला प्रथमोपचार करू नयेत, याविषयी प्रात्यक्षिकासह जगदी अचूक मार्गदर्शन केले. यावेळी ऐनघडी कांदरे यांनी मुलींना प्रथमोपचार कसा घ्यावा याची कृती करून दाखवली व मुलींकडून करतून घेतली.

अध्यक्षस्थानवरून बोलताना प्राचार्य डॉ. मिलिंद हुजरे यांनी प्रथमोपचाराचे महत्त्व सांगून मुलींनी खुदब व स्वावलंबी होऊन प्रतिकार करूया, असे सांगितले. या कार्यक्रमाचे प्रास्ताविक प्रा. डॉ. अलका इनामदार यांनी केले. तर आभार निविता कदम हिने मानले.

यावेळी कार्यक्रमाचे सूत्रसंचालन प्रा. डॉ. गंगा पाटील यांनी केले. कार्यक्रमाला प्रा. डॉ. रश्मि जाधव, प्रा. एस.एम. खेराडकर, प्रा. आण्णासाहेब बागल व महाविद्यालयातील प्राध्यापक, विद्यार्थिनी यांच्या संख्येने उपस्थित होते.

Publicity in Newspaper

Dr. Alka Inamdr

Convener

Women Empowerment Cell



"ज्ञान, विज्ञान आणि सुसंस्कार यासाठी शिक्षणप्रसार"

-शिक्षणनर्तरी डॉ. बाबूजी साबुखो.

श्री स्वामी विवेकानंद शिक्षण संस्था, कोल्हापूर,



**पद्मभूषण डॉ. वसंतरावदादा पाटील महाविद्यालय,
तासगाव. जि. सांगली.**

Ref. No. -

Date 05/12/2019

नोटीस

वरिष्ठ महाविद्यालयातील सर्व विद्यार्थीनींना कळविणेत येते की, दिनांक: ०७ डिसेंबर २०१९, शनिवार रोजी सकाळी ११.३० वा. रूम नं. २८ मध्ये "प्रथमोपचार प्रात्यक्षिक मार्गदर्शन" एकदिवसीय शिबीर आयोजित केले आहे. तरी सर्व विद्यार्थीनींनी उपस्थित रहावे.

Alka

संयोजक

डॉ. अलका इनामदार
महिला सबलीकरण समिती

[Signature]

(डॉ. मिलिंद एस. हुजरे)

प्राचार्य

पद्मभूषण डॉ. वसंतरावदादा पाटील
महाविद्यालय, तासगाव (जि. सांगली)

‘ज्ञान, विज्ञान आणि सुसंस्कार यासाठी शिक्षण प्रसार’

शिक्षणमहर्षी प.पू.डॉ. बापूजी साठुंखे

Shri Swami Vivekanand Shikshan Sanstha, Kolhapur's

PADMABHUSHAN DR. VASANTRAODADA PATIL
MAHAVIDYALAYA, TASGAON (DIST.SANGLI)

Women Empowerment Cell

Training of First Aid with Demonstration

❖ Welcome of the Chief Guests

❖ Introduction: Dr. Alka Inamdr

❖ Chief Guest's Speech : Dr. Mrunalini Bhosale

Miss. Aishwarya Wandare

❖ Presidential Speech: Dr. Milind Hujare

Principal, PDVP College, Tasgaon

❖ Vote of Thanks: Dr. Swati Jadhav

❖ Anchoring: Dr. Megha Patil

Dr. Alka Inamdr
Dr. Mrunalini Bhosale
Dr. Milind Hujare
Dr. Swati Jadhav
Dr. Megha Patil

"Dissemination of Education through Knowledge, Science and Culture"-Shikshanmaharshi Dr. Bapuji Salunkhe

Shri Swami Vivekanand Shikshan Sanstha, Kolhapur's
PADMABHUSHAN Dr. VASANTRAODADA PATIL MAHAVIDYALAYA,
TASGAON Dist.: Sangli.

Women Empowerment Cell (2019-20)

Attendance report of

Training Workshop On First Aid Demonstration and Guidance

Date:07/12/2019

Sr.No	Name of Student	Class	Signature
1	Chavan Rekha Subhash	B.A-III	
2	Rokade Aakanksha Bhimrao	B.A-III	
3	Gavandi Sayali Tukaram	---	
4	Kabugade Anjali Manik	B.A-III	
5	Kumbhar Anuradha Samant	B.Sc-III	
6	Mulani Masum R	B.Sc-III	
7	Patil Ashwini Sanjeeva	B.Sc-III	
8	Joshi Gayatri Laxman	B.Sc-III	
9	Mali Pooja Rajaram	B.Sc-III	
10	Patil Aishwarya Santosh	B.Sc-II	
11	Mulla Sana Dilawar	B.Sc-III	
12	Patil Swapnali Bhagawan	B.Sc-III	
13	Wakade Shweta Sunil	B.Sc-III	
14	Rahimatpur Muskan Jafar	B.A-II	
15	Ghosh Shweta Chandrakant	B.Sc-II	
16	Shinde Peadny Dilip	B.CA	
17	Khandagale Tanuja Shivaji	B.Sc-III	
18	Patil Gauri Shradha	B.Sc-III	
19	Salunkhe Snehal B.	B.Sc-III	
20	Ashikkar Rutuja Rajendra	B.Sc-III	
21	Mali Prajita Ashok	B.Sc-III	
22	Murlikat Snehal Jambu	B.Sc-II	
23	Patil Samrudhi S.	B.Sc-III	
24	Karade Geetna S.	B.Sc-III	

25	Mali Nilam Suresh	Bsc-III	<u>Male</u>
26	Shendage Bhagyashri Shivaji	B.Sc.III	<u>Female</u>
27	Pujari Dipali Mahesh	B.Sc.III	<u>Female</u>
28	Patil Pranjali Abhijeet	B.Sc.III	<u>Pranjali</u>
29	Patil Ashwini Rajendra	B.Sc.III	<u>Patil</u>
30	Gode Shweta Satish	"	<u>Grade</u>
31	Rankhambhe Pooja Arun	"	<u>Rankhambhe</u>
32	Bansode Sapana Satish	B.Sc.III	<u>Bansode</u>
33	Patankar Rupali Harinder	B.Sc.III	<u>Patankar</u>
34	Patil Ashwini Balaso	B.Sc.III	<u>Patil</u>
35	Shendage Dipti D.	B.Sc.III	<u>Shendage</u>
36	Shinde Megharani Krishna	B.Sc.III	<u>Shinde</u>
37	Mujawar Rajiya Aslam	B.Sc.III	<u>Mujawar</u>
38	Shinde Mayuri Manohar	B.Sc.III	<u>Shinde</u>
39	Pawar Snehal Madhukar	B.Sc.III	<u>Snehal</u>
40	Patil Ankita Avinash	B.Sc.III	<u>Patil</u>
41	Patil Nehal Vilas	B.Sc.III	<u>Patil</u>
42	Patil Poonam Appasaheb	B.Sc.III	<u>Patil</u>
43	Jadhav Neha Kisan	B.Sc.III	<u>Jadhav</u>
44	Patil Rohini Sampatrao	B.Sc.III	<u>Patil</u>
45	Sutar Prajakta Pandurang	B.Sc.III	<u>Sutar</u>
46	More Tejshree R	B.Sc.III	<u>More</u>
47	Khedkar Ashwini A.	B.Sc.III	<u>Khedkar</u>
48	Ghotkar Komal Krushnarao	B.Sc.III	<u>Ghotkar</u>
49	Derkar Aishwarya Rajendra	B.Sc.III	<u>Derkar</u>
50	Gulig Snehal Hanmant	-II-	<u>Snehal</u>
51	Shinde Shital Janardan	B.Sc.III	<u>Shinde</u>
52	Kamble Apetsha Suresh	B.Sc.III	<u>Kamble</u>
53	Chavan Snehal Krushnarao	-II-	<u>Chavan</u>
54	Jadhav Sonali Dadaro	-II-	<u>Jadhav</u>
55	Yadav Komal Durevas	-II-	<u>Yadav</u>
56	Patil Swapnali Sampatrao	-II-	<u>Patil</u>
57	Katkar Poonam Anil	-II-	<u>Katkar</u>

58	Salunkhe Ankita Satish	B.Sc.III	Salunkhe
59	Gorad Ankita Yuvraj	B.Sc.I st	Gorad
60	Chaitwad Purva Vijay	B.Sc. II	Chaitwad
61	Naburade Vaishnavi Manik.	B.Sc.II	Naburade
62	Mochite Vedanti Dilip	B.Sc.II	Mochite
63	Patil Aramata Dinkar	B.Sc.II	Patil
64	Wagh Akanksha Sanjay	B.Sc.II	Wagh
65	Salunkhe Snehal Dinesh	B.Sc.II	Salunkhe
66	patole Sayali Ramchandrar	B.Sc.II	Patole
67	Dhobale Manali ^o Jeevan	B.Sc.I	Dhobale
68	Chavan Pramila Pandurang	B.Sc.II	Chavan
69	Rani hindurao Bhosale	B.Sc.I	Rani
70	Mali Ashwini Ramchandrar	B.Sc. II	Mali
71	Bhosale Ankita Dripak	B.Sc.I	Bhosale
72	shinhe Gautami Shrikant	BSC-I	Shinhe
73	Patil Pratiksha Popat	BSC-I	Patil
74	vikar shreya chandrasekar	B.Sc.I	Vikar
75	Pathan Suraliya Jamir Khan	B.Sc.I	Pathan
76	Patil Pradnya Vasant	B.Sc.I	Patil
77	Kegrole Shreya Shital	B.Sc.I	Kegrole
78	Jamale Amruta Narasimhan	B.Sc.I	A.M. Jamale
79	Shinde Kasturi Narayan	B.Sc.I	Shinde
80	Landage pooja Prakash	BSC.I	Landage
81	landage Rudhika Uttam	-/-	Landage
82	Shroaddha Kailas Tawar	B.Sc.II	Shroaddha
83	Kirtakar Komal Anil	B.A.II	Kirtakar
84	Shinde Pranali Jalindar	B.Sc.F	Shinde
85	Shinde Dipti Manik.	B.Sc.I	Shinde
86	Pawar kajal Vishnu	B.Sc.I	Pawar
87	Shinde Shubhada Vasant	B.Sc.I	Shinde
88	Patil Nikita Laxman	B.Sc.I	Patil
89	Tadhar monika pravin	B.Sc.I	Tadhar